

Quarantine Challenge

Directions: Email, text Steve (208.631.6198), DM or tag on Insta @fhstdnts

- Take a picture of the Sunrise and the Sunset on the same day
- Take a picture of an animal, wild or domestic.
- Look at the night sky and locate the Big Dipper and at least one other constellation. You may have to look this up online to see some outlines of constellations. Let us know what constellation you find.
- Take a walk at least 2 miles long. Send a pic and let us know where you went.
- Help clean up your neighborhood, local school, park or other area. Bring a trash bag and use some gloves to pick up trash somewhere around where you live so things stay looking good.
- Find at least 10 things you don't need around the house and donate them to a local thrift store.
- Bake or cook something that you've never tried to make before and take a picture of it. Let us know how it turned out.
- Take a picture of your favorite place in your house and tell us why you like that place so much.
- Offer to do some Spring Cleaning or yard work for your family or neighbors. Take a before and after pictures.
- Challenge yourself to memorize all the names of the books of the Old Testament, New Testament, or the whole Bible. There are songs that can help you with this that you can find online. See how long it takes you to do it correctly.
- Take a picture of yourself fishing, bonus if you get a picture with the fish.
- Prepare, set up, and clean up a family dinner all on your own. Take a picture of your family eating that meal together.
- Pick an important Bible verse to you and memorize it. Send me what the Bible verse is and why you like it.
- Commit to only so many hours of screen time twice a week. Example Tuesday's and Thursday's you only have two hours of screen time the whole day. See if you can hold to the challenge.

- Read two books. An old favorite, if you've ever had a favorite book. And something new that you've never read before. Write a bit about what you liked or didn't like or found fascinating about each book.
- Find a way to do a random act of kindness for somebody.
- Clean your room, take a before and after picture of it.
- Go on a family hike. Take pictures of some of the trees, plants, or wildlife that you find along the way.
- Do a prayer walk around your neighborhood. As you walk pray for people in the house is pray for the schools, our country, our leaders, the church. **Tip: don't close your eyes as you walk.**
- Send five people a "real" letter or a postcard.
- Call a grandparent, an uncle, a cousin, or some other family member you don't see regularly.
- Try out a hobby, paint something, make something, do some woodworking, build a model, do some photography, write a poem or a short story. Send picture of it.
- Weed around your house.
- Prepare for a garden.
- Do a puzzle.
- Commit to praying twice a day for at least five minutes and start a new devotional daily. YouVersion Bible app is a great place to look for devotionals.
- Keep a daily log or diary of things that you're doing.
- Play a game with your family at least two nights during the week.
- Have a family movie night where your parents get to pick a classic movie that they loved as a kid.