



SNACKS | DAY 4

Bible Story: The Lord's Prayer • Matthew 6:5-13

Bottom Line: You can PRAY anytime, anywhere, about anything.

1. PRAYER PRETZELS

What You Need: Napkins; thick, large twisted pretzels like [these](#)

What You Do:

- Give each child a pretzel or two to enjoy.
- As children enjoy their snack, point out how the center of a pretzel looks like arms folded in prayer. Show the children what you mean by folding your arms in front of your chest.

What You Say:

"When we talk to God, it's called prayer. And the awesome thing about God is that He never clocks out. He doesn't sleep or take a vacation. That means that **[Bottom Line] you can PRAY anytime, anywhere, about anything.** There isn't anything you can't tell Him, any time you can't reach Him, or any place He won't hear you. God is always ready to hear from us when we when talk to Him."

2. PRAY S'MORES

What You Need: Mini graham crackers (like Honey Maid® Lil' Squares®) or Teddy Grahams; small marshmallows; chocolate chips; zip-top bags

What You Do:

- Place some mini graham crackers or Teddy Grahams, a few marshmallows, and some chocolate chips into individual zip-top bags.
- Encourage each child to grab a bag of snacks to enjoy.

What You Say:

"Have you ever made a s'more? This is our own snack version of a s'more to remind you that **[Bottom Line] you can TALK to God anytime, anywhere, about anything.** Remember when it comes to talking to God, you can pray and pray and pray s'more! You can talk to God in your room, in the car, sitting at your desk, or on the ball field. You can talk to God anytime: before you head out the door, before you eat your lunch, or before your head hits the pillow at the end of the day. No subject or place or time is off limits. So pray and pray and pray s'more this week because **[Bottom Line] you can TALK to God anytime, anywhere, about anything.**"