

#1: Learn how to define the problem.

In the most objective way possible, try and define the "us" problem:

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#2: Learn how to own your part, how you contribute to the problem.

First, determine how big is your slice of the pie. \_\_\_\_\_%

Second, state what you do to add to the conflict:

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#3: Discuss ways you tried to resolve this but were unsuccessful.

#4: Brainstorm:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

#5: Agree on one to try.

- We agree to try #\_\_\_\_.
- I agree to: \_\_\_\_\_

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- You agree to: \_\_\_\_\_

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#6: Evaluate:

- We agree to get together and evaluate what we chose to do on \_\_\_\_\_
- In this meeting, each of you should describe what does or does not work for you and why.

#7: Celebrate success or try again. Back to step 4