

WELCOME

Our Mission is to . . .

- Connect you to Jesus
- Connect you to His community for discipleship
- Connect you to your mission and purpose in life

We are not here to tell you what to wear, eat, listen to, vote for, or even believe. These are things you must determine for yourself if you want to have real faith. We are here to give you truth, facts, tools and point out that every choice, every belief, and every action you make is tied to an outcome in your life. You can't do life without developing a strong foundation and becoming a person of substance. This is your journey, your discovery, and you will reap the benefit of the work you do.

FHNew - Our mission as a church is to do everything we can to help you grow your faith. If you would like to get to know us a little better or begin or continue your journey of faith, text **FHNew** to **53123** and we will send you a link to a few short videos about Foothills Church, or stop by the **Connection booth in the Atrium.**

FHBaptism - One important step in your faith journey is being baptized. To learn more about baptism, text **FHBaptism** to **53123** and we will send you the teaching on Believers' Baptism.

ONGOING

- [Moms groups](#) (links)
- [Bible Recap](#) – read through the Bible
- **Weeds in My Garden** – 8 week sermon series (started February 4), on **Mental Health** -- suicide, self-harm, stress/anxiety, burnout, low self-esteem and depression.
 - **Pray the Holy Spirit** gives Pastors Doug and Harv the words that people need to hear
 - **Pray for the staff** who will be fielding questions on topics of which we are not experts as well as reaching those in our community who are feeling isolated and alone
 - **Pray about whom you might invite:** friends, family members, co-workers. Everyone wrestles with these issues or has a loved one who does, and we can all use tools in our toolbox to navigate life
 - **Testimonies:** If you have a testimony or story that could help someone, please tell it. You can **use the QR code** on the screen to sign up.
 - **Counselors:** We are looking for partners in this series. If you are a counselor or mental health professional and would like to be a resource for those in need, scan the QR code for a link to the **Counselor Info Form**.
 - **Parents:** If you typically bring your kids (6th grade and under) to the auditorium for church, during this sermon series I encourage you to take advantage of our kids' ministry for this series. We don't want to put ideas in their heads that you will have to navigate as a parent.

INTRODUCTION

Welcome to HOPE Sunday.

We have come to the end of our series on Mental Health, Weeds In My Garden. However, **this is not the end.**

- It is not the end of a place where its ok to not be ok
- It is not the end of a place that wants to help those in desperate need
- It is not the end of a place where you can find resources
- It is not the end of a place where people will pray for you, for your family, for your healing, for your restoration
- It is not the end of a place where you can meet Jesus and see what the power of being in Him can do in your life
- It is not the end of a place of second chances, a place of redemption, a place of freedom from sin
- It is not the end of this place focusing on how to grow deep and strong in the faith, where you not only can experience redemption, but you can grow in discipleship

BUT, it is the end of

- Living without hope
- Living with no value, no meaning in life, no direction
- Despair
- Isolation

How do I know this?

- All of these things originate in the spiritual bucket
- Today, we are going to talk about filling your spiritual bucket.
- Today, we are offering you hope, love, value, comfort and compassion
- This is not because these things belong to us, or that we own them; it is only because we have met Jesus and have experienced these things from Him. We want you to experience Him and what He can do in your life. We have nothing to give, nothing of value, except for Jesus.
- He is all you need to fill the most important bucket in your life

Paul tells the Corinthians that even in the midst of their personal pain and suffering, there is hope, there is comfort, there is compassion in Jesus.

- **2 Corinthians 1:3-4 (NIV)** *Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, 4 who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.*
 - Jesus offers you compassion
 - Jesus is offering you comfort

- Jesus is offering the opportunity to redeem your pointless pain by helping others
- **2 Corinthians 1:8-10 (NIV)** *We do not want you to be uninformed, brothers and sisters, about the troubles we experienced in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired of life itself. 9 Indeed, we felt we had received the sentence of death. But this happened that we might not rely on ourselves but on God, who raises the dead. 10 He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us*
 - Paul's troubles were massive, just like the challenge before you or someone you love
 - The pressure on you is great
 - You can no longer endure it
 - You may be experiencing despair of life itself
 - Do you believe you have received a death sentence?

But Jesus, the God of all grace, compassion and mercy has not abandoned you. He has not forsaken you. He is there and ready to spring into action.

The power of God delivers you

- **1 Peter 1:5 (NASB)** “. . . who are protected by the power of God through faith for a salvation ready to be revealed in the last time.”
- **1 Corinthians 2:5 (NASB)** “. . . so that your faith would not rest on the wisdom of mankind, but on the power of God.”
- **Romans 1:16 (NASB)** “For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes...”

Today is your day. Today is Hope Sunday -- your chance to reach and grab ahold of the very power of God and what he wants to do in your life.

“Behold, now is “a favorable time,” behold, now is “a day of salvation!” **2 Corinthians 6:2 (NASB)**

- Come forward for **prayer**
- Come forward to **rededicate** your life to Jesus
- Come and be **baptized**. Online scan this QR code and request baptism
- Use the card with the pampas grass and place it in the garden as a reminder that **Jesus takes it all.**

DISCUSSION QUESTIONS

1. What is something in your life you would like Jesus to deliver you from?
2. Do you believe the power of God has the power to deliver you?
3. Are you at the point where you are ready to rely completely on Him in order to be delivered?